

IN THE MONTH:

March Hours:

- Friday, 10th
 - Closed 10:00 am – 2:00 pm
- Saturday, 25th
 - Lucky 5K
 - More information below

1:00 Classes:

- Monday, 13th
- Tuesday, 14th
- Wednesday, 15th
- Thursday, 16th
- Friday, 17th



LUCKY 5K – RACE, RUN, & HAVE FUN!

Start training now for our 2023 Lucky 5K! Our annual Lucky 5K is a fun spring run with a fun group of people. Runners of all ages and intensities are welcome! The two heats (of walkers @7:30 am & runners @8:00 am) are returning. We had a phenomenal turnout last year, and we'd love to top it!

Register below or on our website!

****Registration will be open through the 24th, but to receive a shirt register BEFORE March 17th****

We look forward to seeing you there!

LUCKY SPIRIT WEEK

Our Lucky Spirit Week is returning as we ramp up to our first event of the year! Join us in dressing up and having fun before race day.

Monday – 21st.....Wear Gold/Yellow
Tuesday – 22nd.....Wear Black
Wednesday – 23rd.....Wear Orange
Thursday – 24th.....Wear White
Friday – 25th.....Wear Green
Saturday – 26th.....Event Shirt!!

OTHER REMINDERS

- Thanks again to everyone who voted on our 2022 Fitness Friday Bracket.
- Look for our Achieve March Madness Bracket Group to open and join.
- Katelynn is new to the team! Please join us in welcoming her to our large family.
- Follow our socials to stay up-to-date and connected throughout the month!