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Photo: B.o.B. 2025 Winner

BEST OF BELLEVUE 2025 WINNER

Achieve is your 2025 Best of Bellevue winner!! We're beyond honored to win so many awards!

Thank you again to everyone who voted for Achieve! We're grateful for your support. You motivate us to continue being THE BEST! 🥰

Check out the Best of Bellevue 2025 awards we won, thanks to you! 🎉

- Best Physical Therapy
- Best Fitness Center
- Best Customer Service
- Best Business
- Best Alumni Owned Business
- Best Employer – Less Than 25 Employees

Upcoming Hours:

- Oct. 31st
 - Closing at 2:00

1:00 Classes:

- No 1:00 classes throughout October

Next Event:

- 5-Tur-K – Nov. 27th
 - Register today!

SPOOKY SPIRIT WEEK

Our annual Spooky Spirit Week returns! Countdown to Halloween with us as we dress up and share in the scare (Oct. 27th-31st).

This year's themes:

- 27th – Orange/Black ONLY 🎃
- 28th – A Terror to See (mismatch)
- 29th – Whiteout (your best ghost)
- 30th – Masks & Makeup 🧐
- 31st – Costume Day 🦇

OTHER NOTICES

- Schedule with **Madison Andersen**, DPT!
 - We're excited to have her join the team, and she's eager to treat you!
- Insurance **Open Enrollment** runs from 10.15-12.07. Reach out with any questions!
- Congratulations to all of our September Attendance Challenge winners!
 - What's Next?
 - Participate in our **October Bingo!** Even more prizes to earn!